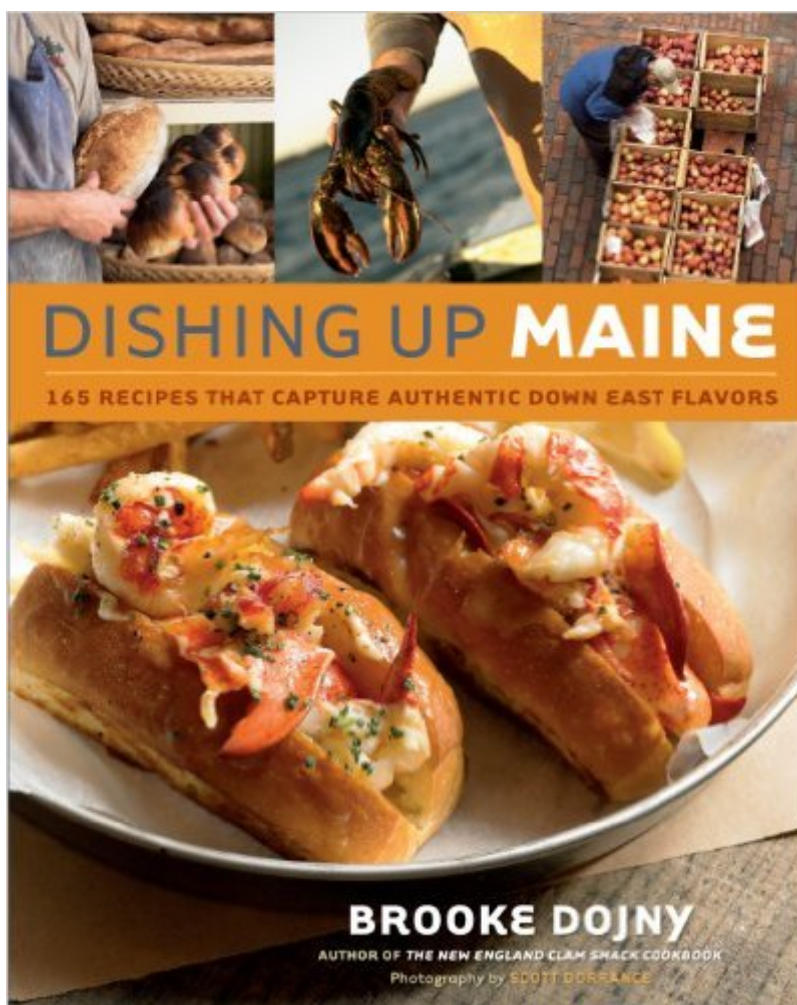


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# Dishing Up Maine: 165 Recipes That Capture Authentic Down East Flavors



## Synopsis

From the Atlantic Ocean to well-tended organic farms, Maine offers some of the best raw materials for rustic, hearty cuisine. Add the independent spirit and quiet humor of the people and it becomes apparent why chefs, fisherman, and artisans are drawn to the state. Their fierce pride, respect for the land, and lack of pretension are recognizable ingredients in the food they produce, from fresh lobster to blueberry pancakes. Dive in to the salty personality of Maine's cuisine!

## Book Information

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Average Customer Review: 4.4 out of 5 stars See all reviews (34 customer reviews)

Best Sellers Rank: #200,175 in Books (See Top 100 in Books) #37 in Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > New England #55 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood #147 in Books > Travel > United States > Northeast > New England

## Customer Reviews

NOTE - This review refers to the Kindle version of *Dishing Up Maine: 165 Recipes That Capture Authentic Down East Flavors*. I have not seen the print version. *Dishing Up Maine: 165 Recipes That Capture Authentic Down East Flavors* features 165 recipes presented in seven chapters. While each chapter is listed in an interactive Table of Contents, individual recipes are not. Luckily, the publishers did think to include an Index that is also interactive, not as functional as a complete listing of individual recipes as part of the Table of Contents but certainly more well thought out than many I've seen. Those chapters are -1. Starters, Snacks, Sandwiches and So On2. Fresh From The Farmer's Market3. The Chowder Pot, Soup Tureen, and Other One-Pot Wonders4. Maine-Style Meat and Poultry5. Jewels of the Sea: Fin Fish and Shellfish Maine Style6. For the Breakfast Table, Bread Box, and Pantry7. Delectable DessertsI've noticed complaints from born-and-bred Mainers that

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